

HIDDEN ALLERGIES: **Impact on Learning**

Dianne Craft, MA, Certified Natural Health Professional

"Kids Act How They Feel", Dr. Sydney Walker



"My daughter can focus now, doesn't have melt downs, and has made a 2 year jump in her reading since we have removed all dairy products. Who would have known?" Dad of a 12 year old homeschooled daughter

I. Symptoms of *hidden allergies* in a child

A. Learning

- 1. Inconsistent performance (knows one day, not the next)**
- 2. Poor memory**
- 3. Appears lazy, unmotivated**
- 4. Dyslexic**
- 5. Focusing difficulty**
- 6. Frequent melt downs**
- 7. Hyperactivity**

B. Physical symptoms

- 1. Stomach aches**
- 2. Dark circles under eyes**
- 3. Bed wetting (yes! *This can be stopped!*)**
- 4. Constant sniffing**
- 5. Eczema**
- 6. Asthma/chronic bronchitis**
- 7. Chronic ear infections**

Superimmunity for Kids, Leo Galland, MD

Cerebral Allergies, Dr. Philpott

Gut and Psychology Connection, Natasha Campbell-McBride, MD

Is This Your Child? Doris Rapp, MD

II. Causes/ Incidence of hidden allergies

- A. Incidence – more boys than girls (3x)
- B. Antibiotics in utero “leaky gut”
- C. Heredity
- D. Dairy given too early or with multiple antibiotic use
- E. Immunizations given when child was sick
- F. Yeast/fungus overgrowth

III. Interventions

- A. Histamine reduction using water and salt (www.watercure.com)
- B. Removal of main allergens (6 week trial)
- C. Healing “leaky gut” (*greatly reduces allergic reactions*)
- D. Less processed food
- E. Colostrum (*make immune system strong in calves and kids!*)
- F. Enzymes (*some can get over allergies with enzymes*)
- G. Essential Fatty Acids
- H. NAET (*allergy elimination treatment...www.naet.com*)

Dianne Craft is president of CHILD DIAGNOSTICS, Inc., in Littleton, CO She is a private consultant who works with homeschooling families to make learning easier for their bright, hardworking, struggling learner. For more information on children and learning and Right Brain Teaching products, , go to www.diannecraft.org 303-694-0532

Dianne is a Special Needs Coordinator for the Homeschool Legal Defense Association. For more info on children, go to www.hslda.org/strugglinglearner

☺ ☺ ☺ Many parents report that by following the step by step supplement program as outlined in the ‘Biology of Behavior’ CD set, that they see many behavioral and focusing changes in their children. The enclosed Study Guide gives amounts, brands, resources, etc., and is easy to follow. This is especially helpful for a child with ‘SI’ characteristics, moodiness, meltdowns, focusing problems and inconsistent performance! Parents often say that they have a ‘different child’ to work with, after following this program.

CD set available at www.diannecraft.org