



# If I'm Diapering a Watermelon, Where'd I Leave the Baby?

by Carol Barnier

## **How It's Supposed to Work vs. How It Really Does**

- \* Proper Brain Use
- \* Closed Doors
- \* The Value of a Completed Thought

## **Inside the Mind of a Distractible Mom**

- \* A Prayer Journey
- \* Let it Go
- \* Embracing the Real You

## **Brain Storage 101**

- \* The Many Uses of the Hand
- \* Invest In Timers
- \* Library Books
- \* Borrowing a Book
- \* Borrowing a Brain
- \* Wall Your Callbacks
- \* Tie It Down
- \* Electronic Finders
- \* Save-it-for-Later System
- \* Phone Call Management

## **Seeing Ourselves as God Sees Us**

To reach Carol with a question about this workshop, or if interested in her as a speaker for your group, just visit [www.OpenGifts.org](http://www.OpenGifts.org). Also, check out Carol's free on-line coaching community for families with a highly distractible child at [www.SizzleBop.com](http://www.SizzleBop.com)